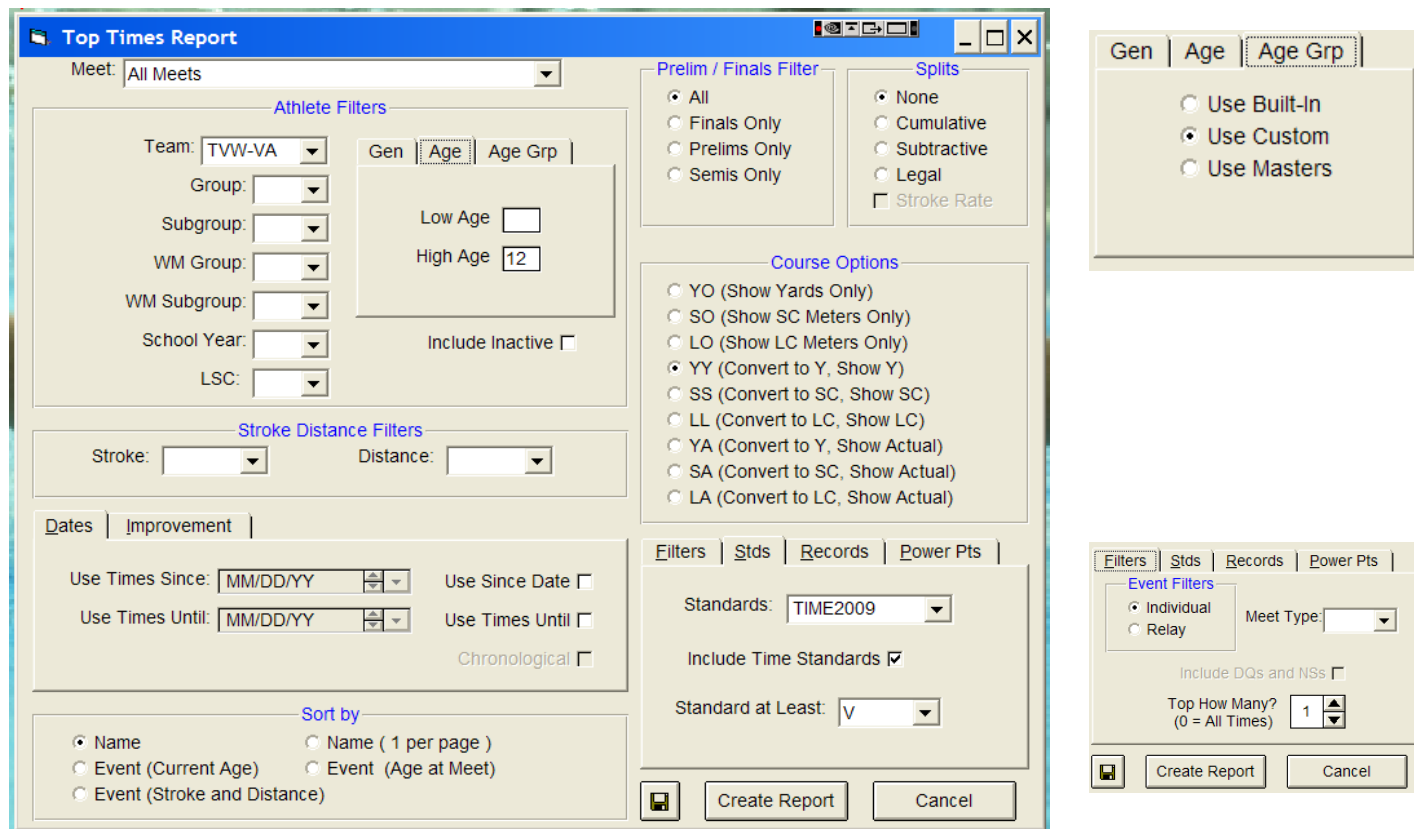


**IMPORTANT REPORTS TO BE USED FOR CHAMPS ENTRIES
AND TURNED IN AT CHAMPS REGISTRATION**

These reports are to be printed, after you have completed the steps on Page 5 of Michael’s “Computer Instructions for Championships 2009” (specifically, all meets other than Champs 2008, 2009 regular season meets, and Champs 2009 have been removed from Team Manager). The purpose of these reports is to provide teams with an easy way of self-checking for the “sandbagging” rule (explained at the end of these instructions). These two reports must be turned in at Champs Registration, and are in addition to all reports listed on the “Computer Instructions for Championships 2009”.

Report #1: Varsity Times for 12 and younger Swimmers

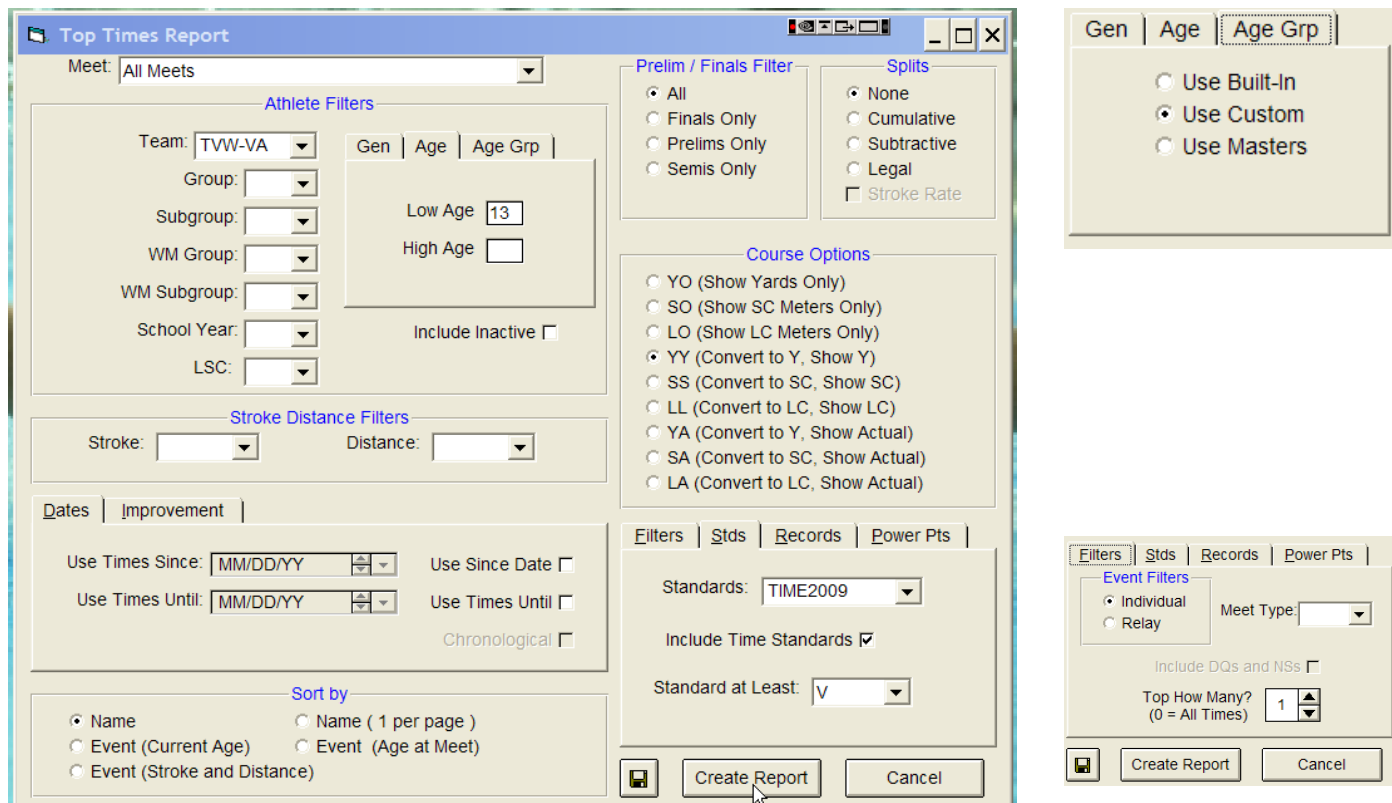
Print a Varsity Top Times report for your 12 and younger swimmers as shown below.



Highlight any swimmers on this report with four(4) or more times shown. **These swimmers (with 4 or more times listed) may NOT swim in any individual JV event at Champs. Staple these pages together, and turn in this report at Champs Registration.**

Report #2: Varsity Times for 13 and older Swimmers

Print a Varsity Top Times report for your 13 and older swimmers as shown below.



Highlight any swimmers on this report with six(6) or more times shown. **These swimmers (with 6 or more times listed) may NOT swim in any individual JV event at Champs. Staple these pages together, and turn in this report at Champs Registration.**

Use these reports to ensure your swimmers are entered into the Champs meet in compliance with this rule. Any swimmers found to be non-compliant with this rule will be marked as an Exhibition swimmer in any JV events.

Explanation of “Sandbagging” rule (Rule XVI, Section 2, Paragraph e in the GRAL Handbook):

- 1.) **A swimmer MUST swim an event with a JV or V time during the 2009 Season in order to qualify for Champs in that event.**
- 2.) **If a swimmer competed at Champs 2008, the faster of his/her Champs 2008 time, and 2009 times will be used as his/her Seed time at Champs 2009. In example, a swimmer that swam 50 Breast with a time of 41.51 in 2009, but swam this same event in Champs 2008 with a time of 40.24 would swim in Champs 2009 with a seed time of 40.24. The 40.24 seed time will determine the level of competition he/she would compete in (ie JV or V). Remember Rule #1, Champs 2008 times are NOT QUALIFYING TIMES for Champs 2009.**
- 3.) **Additionally, each swimmers “Seed” times (which include the faster of 2009 regular season times, and 2008 Champs times) are used as outlined below to ensure every swimmer competes at an appropriate level. NOTE that if a swimmer did not qualify in 2009 for a specific event, his swim time from Champs 2008 is still used as described below to ensure the swimmer competes at the appropriate level in Champs 2009. (Again, remember Rule #1, while the Champs 2008 times are used below, Champs 2008 times do NOT QUALIFY a swimmer for Champs 2009).**

Intermediate and Senior swimmers with six (6) Varsity times in six (6) different events cannot swim any Junior Varsity events, excluding relays.

Mite, Midget, and Junior swimmers with four (4) Varsity times in four (4) different events cannot swim any Junior Varsity events, excluding relays.