

CHAMPS 2009 INFORMATION FOR COACHES

Reference: Pages 25/26 of the league Handbook (found online under 2009 Season – Files)
Champs will be Yard Times

TOP TIMES:

Once a swimmer has qualified for champs, be sure to create a top times report that includes the CHAMPS 2008 times for qualified events swum THIS season. Even if a swimmer has not swum as fast as the Champs 2008 time, that will be the seed time for champs (should have been the seed time all summer). WHY? This is to prevent sandbagging swimmers at champs.

RELAYS:

Even though relays are given the category names of JV and V, the names do not imply that the swimmers in that relay are specifically JV or V. Relays are based on the added times of the 4 swimmers (at least 1 participant must be swimming a champs' event) only.

Swimmers who have Novice or Advanced times may participate in a relay as long as there is 1 champs' qualifier in the relay who may or may not be swimming the event stroke he/she qualified for.

Each team may enter **3** relays for each age group at champs, and **NO** swimmer may swim in 2 relays in the same category in the same event. For example, 12 year old M. Smith may not be in 2 Advanced Medley relays even if swimming a backstroke leg and butterfly leg of different relays. **BUT**, M. Smith could swim 1 Advanced and 1 Varsity Medley relays (same or different strokes).

WHY? The swimmer would be competing against himself in the category of Advanced and/or Varsity **AND** the swimmer would probably not be able to physically guarantee being in the right place at the right time and risks disqualifying his relay.

Relays must include at least one swimmer of the opposite sex – **NO** 4 males or 4 females.

Each relay participant **MUST** have swum the relay stroke for the 50 yard/meter event during the current season. Each swimmer will have a top time to be submitted for his/her leg of the relay, including the champs' 2008 time ~ just like for individual events. **HOWEVER.....**

INTACT RELAYS

If you have a swimmer who has **NOT** swum an individual event to achieve a top time during the current season but swam that event in a relay during the current season, the **EXACT** relay group may swim in the exact order using their relay time from the designated meet.

This should only be used when 1 swimmer **DOES NOT** have a current season time for an event.

IF one of the swimmers is not able to swim in this relay at champs, NO SUBSTITUTIONS may be made.

ENTRIES:

Mites, Midgets & Juniors ~ 4 Varsity times in 4 different events cannot swim in any JV events, excluding relays.

Intermediates and Seniors ~ 6 Varsity times in 6 different events cannot swim in any JV events, excluding relays.

WHEN ALL ELSE FAILS ~ LATE ENTRIES

Please reference pages 25 and 26 for the fine details. Late entries will be accepted up until 5:00 of the Tuesday following champs' registration. (July 21, 2009) **HOWEVER**, the sooner the mistake is corrected, the better for all involved. **NO LATE ENTRIES WILL BE TAKEN WITHOUT \$\$\$.**

THE BEST ADVICE

PROOF YOUR ENTRIES ~ PERSONALLY CONTACT EACH FAMILY WITH A CHAMPS QUALIFIER ~ DOUBLE CHECK YOUR RELAYS ~ THINK ABOUT THIS BEFORE JULY 14!